



**Higher Ed
EAP**
A division of ESI

800.252.4555 or 800.225.2527
HigherEdEAP.com

Confidential, free assistance with
licensed professional counselors
for you and your family members

24/7/365

Stress
Financial
Legal
Caregiving
Substance Abuse
Professional Development

COUNSELING BENEFITS

Help with personal issues from relationships
to stress and substance abuse.

WORK/LIFE BENEFITS

Assistance for other personal, financial, and
legal issues.

SELF-HELP RESOURCE BENEFITS

Access a vast collection of self-help tools and
articles.

PEAK PERFORMANCE COACHING

One-to-one telephonic personal &
professional coaching.

LIFESTYLE SAVINGS BENEFITS

Get negotiated discounts and deals for
wellness, shopping, travel & more.

PERSONAL DEVELOPMENT & TRAINING BENEFITS

Over 8,000 eLearning opportunities to grow in
your work, life, and career.

WELLNESS BENEFITS

Coaching, information, and resources to
improve your overall wellness.

Don't go through it alone. Your EAP can help.

TO ACCESS THE WEBSITE AND RESOURCES FOR EMPLOYEES

1. Go to www.HigherEdEAP.com
2. Click the **Employee and Family login** button.
3. Click on **REGISTER**.
4. Fill out the Registration Form to create your own Username and Password, then click Register.

***You only need to register once.**

MEMBER CARD



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